From the Principal…

Dear Parents, Staff, Students and Friends of the Bethlehem Community,

Reflection

A prayer for justice for refugees and asylum seekers

God of mercy, help me to remember:
My ancestors came across the seas!
Help me keep in my mind
Those who came long ago
And those who now come to our shores.
As I face you in prayer, God of Compassion,
I remember my country’s words:
Send them back or Stop the boats.
Then I fear, not your anger
But the steady gaze of boundless love
and unlimited compassion
That impel me to hear Jesus’ command:
Love one another, as I have loved you
Or Pope Francis’ call to open our hearts
To a universal communion
Which excludes nothing and no one.
Daring to step into such relationship, I pray
For those forced to leave family,
home and all they hold dear;
May they find safe passage and helping hands.
I pray for an end to the wars and oppression
That forced them to leave;
I pray that those who welcome them
are blessed in abundance.
And with deep humility
and a heart hungry for justice,
I pray that we Australians, citizens and leaders,
Open our eyes, our minds and our hearts
That we may see, understand and welcome
our brothers and sisters.
May our change of heart penetrate to our beginnings
As strangers in this land.
May we allow those we displaced
– the First People of this land – to welcome us.
Then knowing, in humility, what it is to be welcomed,
We will know how to welcome
the strangers who come to our shores.
This we ask in the name of Jesus your Son,
In whom we are no longer strangers. Amen.

Refugee and Asylum Seeker Information evening, Saturday April 2

Last Saturday afternoon, Bethlehem College hosted an amazing event with the main aims being to raise awareness of the plight of refugees and asylum seekers and to encourage and support of Settlement Services Australia. The context of and purpose for the event was best explained by Abigail Bassant and Josephine Bui, two of our Year 12 Faith in Action SRC leaders who assisted with the organization of the event, when they introduced the event.

“Back in 2014 at a school assembly Mrs Bounds our Principal, spoke to us about the plight of Refugees and asylum seekers from around the world. From there the 2014 Parents’ and Friends’ President Mrs Julia Pokorny connected with Catholic Mission and invited us to be involved in a social awareness event for children in detention centres which was held at the Queen Victoria building at Sydney.

From this a group of over 50 students gathered together to discuss the issues around children being detained. They became extremely passionate about being a voice for these voiceless and thought of a way to create awareness of this very important issues was to have a public demonstration in the college yard every lunch for a week.

Through this action more and more students joined the group to the point where over a hundred students were involved. This attracted much attention in the public arena including, the Sydney Morning Herald.

Since 2014 our college has been heavily involved in a variety of social justice events for refugees and asylum seekers. This has led to our involvement with SSI, Settlement Services International.
Settlement Services International (SSI) is a leading community-based not-for-profit organisation that provides a range of services in the areas of refugee settlement, asylum seeker assistance, housing, multicultural foster care, disability support and employment services in NSW.

We first got in contact with SSI through one of our teachers Ms Pasion, who introduced us to their community kitchen programme and encouraged us to get involved.

Our first volunteer lunch occurred in August 2015 at their Auburn community centre, and from there the visits grew and more Bethlehem College students became involved. The girls became interested in the various stories and shared experiences coming from the growing relationship, eager to involve themselves in a real community and as a practical application of the our school values.

From here, our amazing SRC leaders Naomi and Adita had a vision for a large event like this in connection with SSI, in the hope of adding to the groundbreaking work the school community had already achieved.

The SRC Faith in Action Leaders, Adita Mrisho and Naome Rusera organized a fantastic line up of guest speakers who shared their own personal stories.

- **Benjamin Law**, journalist, writer and producer of the SBS Comedy series “Family Law”
- **Dor Akech Achiek**, former refugee from South Sudan, Youth Project Coordinator for SSI (also a former team leader in Humanitarian Settlement team)
- **Mohammad Omary** from Afghanistan. He arrived in Australia as a young man, and turned to SSI for assistance. He now works for Housing Services Settlement Services International
- **Catherine Sell** - an employee of SSI who spoke about the work of SSI

Adita and Naome also coordinated entertainment, activities and food with a multicultural theme facilitated by a large number of volunteers from Years 10-12, family members and SSI.

Thanks are extended to our cultural performers: Dierdre, Mele, Akanesi, Helena, Cassandra and Olivia and to Naome and Rucy who also performed a Spoken Word piece.

I would like to offer my thanks to Mrs Casey, Miss Pasion, Miss Moodey, Mrs Condon and Mrs Apergis who assisted with the organization of the event, the large number of parents and students who donated items to be sold, their time or money to this very worthy cause.

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**Student success**

**Year 7 2016 SRC**

Last Friday I had the pleasure of attending a Year 7 assembly where Mrs Kells, the Year 7 Mentor, announced the 2016 Year 7 SRC. The students were then presented with their badges in front of their very appreciative Year 7 peers.

Congratulations to the following students! We wish you every success in your first leadership experience at Bethlehem College.

<table>
<thead>
<tr>
<th>Homeroom</th>
<th>SRC</th>
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<tbody>
<tr>
<td>7A1</td>
<td>Caitlyn Finnegan</td>
</tr>
<tr>
<td>7A2</td>
<td>Aliqua Lappin-James</td>
</tr>
<tr>
<td>7C1</td>
<td>Taryn Little</td>
</tr>
<tr>
<td>7C2</td>
<td>Jessica Scalia</td>
</tr>
<tr>
<td>7L1</td>
<td>Carmelina Alberto</td>
</tr>
<tr>
<td>7L2</td>
<td>Martina Iunco</td>
</tr>
<tr>
<td>7V1</td>
<td>Roisin Redmond</td>
</tr>
<tr>
<td>7V2</td>
<td>Michelle Fernandes</td>
</tr>
</tbody>
</table>
Olga Bida
Congratulations to Year 12 student Olga Bida who has been awarded a Monash Rudewych Year 12 Ukrainian Language Scholarship (Encouragement Award). Part of the scholarship includes a financial contribution towards her HSC studies in Ukrainian.

CaSPA 2016 Goodjarga Performance Ensemble selection
Congratulations to the following students who have been selected for the CaSPA 2016 Goodjarga Performance Ensemble

<table>
<thead>
<tr>
<th>Allira Johnson</th>
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<tbody>
<tr>
<td>Caitlyn Joseph</td>
</tr>
<tr>
<td>Tarni Taylor</td>
</tr>
<tr>
<td>Jayde Townsend</td>
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</tbody>
</table>

These students will be part of a core group of performers who will now participate in the Term 2 and Term 3 rehearsal workshop program to develop their skills and to gain experience in professionally produced performances by way of the Indigenous Veteran’s Commemoration Service and the Sydney Catholic Schools Year 12 Awards.

Senior Volleyball team MCCS Champions
Congratulations to the team and their super coach Ms Tsiftsis on their victory at Thursday’s MCCS grand final against arch rivals Trinity Catholic College Auburn.

Harmony Day
As I write this newsletter, the school is preparing for its delayed Harmony Day celebrations on Friday April 8. Harmony Day, occurs annually on 21 March and celebrates Australia’s cultural diversity. It’s about inclusiveness, respect and a sense of belonging for everyone. It is a day for all Australians to embrace cultural diversity and to share what we have in common. The central message for Harmony Day is that ‘everyone belongs’, reinforcing the importance of inclusiveness to all Australians.

From the First Peoples of this land, the Aboriginal and Torres Strait Islander Peoples, whose rich cultural heritage enriches our nation, to the unique cultures of all “those who have come across the seas” since, we have much to celebrate and honour.

Mrs Casey, Miss Pasion, Ms Farhart and the Senior SRC have put together an exciting carnival of cultures celebrating some of the food and dance of the 43 cultural groups in our community. All proceeds from the day will go to Caritas Australia as our final effort for the Lenten Appeal.

Staff changes for Term 2:
Term 2 will see the return of three teachers from periods of parental leave. We would like to welcome back:

Mrs Julia Allsopp (PDHPE) who will return in a job share role with Mrs Leanne Heanly
Ms Marie Boland (English/Religious Education) who will return in a job share role with Miss Carla Beshara.
Mrs Christine Succar (HSIE) who will return in a job share role with Ms Andreadis.

Parent requests for early leave
During the past few weeks our front office has been overwhelmed with large numbers of parents either contacting at late notice or turning up at the school before the end of the school day to collect their daughters for appointments or where their daughters have contacted them via mobile phone to ask them to pick them up without alerting the office to their illness.

This adds to the already large workload of our staff and is very disruptive to classes because they have to send someone to the classroom to locate the student and bring her to the office.

The College procedures on this are very clear: “If a student is sick, she needs to inform her teacher who will write in the Permission to Leave Class log so that she can report to the General Office...if this occurs outside of class, the student needs to report to the General Office.”

“If a student is requesting special leave during school hours (dental and other medical appointments etc.) she must present a signed note from the parent/guardian to the Assistant Principal in morning of the appointment for consideration.”

We would ask all parents to support the College in adhering to the procedures for the early departure of your daughter in the case of illness or special leave during the school leave.

Happy holidays
I would like to take this opportunity to wish our teachers and students a very happy and relaxing holiday. I hope the girls enjoy the chance to sleep in and to spend time with family and friends. For those who are travelling, I wish you safe travels.

At the end of this term we have a few families leaving the College because they are relocating to other parts of Sydney, I would like to thank them for their contributions to our community and wish them all the best for the next stage of their journey.

Mrs Paula Bounds
Principal

Important Dates Term 2 2016

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 May</td>
<td>Mother’s Day breakfast 8.15am at the College and Mass</td>
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<tr>
<td>6 May</td>
<td>X Factor evening performance 6pm</td>
</tr>
<tr>
<td>6 May</td>
<td>Yr7 Vaccinations Visit 2</td>
</tr>
<tr>
<td>10-12 May</td>
<td>Yrs 7 &amp; 9 NAPLAN</td>
</tr>
<tr>
<td>11 May</td>
<td>CGSSSA Senior Basketball</td>
</tr>
<tr>
<td>11 May</td>
<td>Yr10 Food Tech. excursion to Sydney Tower</td>
</tr>
<tr>
<td>12 May</td>
<td>Yr11 Mass 9am St Vincent’s Church</td>
</tr>
<tr>
<td>17 May</td>
<td>Parent event: Visit by clinical psychologist Brad Marshall (see McGovern’s article)</td>
</tr>
</tbody>
</table>

TERM 2 COMMENCES: TUESDAY 26 APRIL (students are required to return to school in full Winter uniform)
From the Acting Assistant Principal…

Dear Parents, Students and friends of the Bethlehem Community,

Wishing all of the Bethlehem community a safe and restful period over the upcoming school holidays. It has been a very busy term for parents, students and all of the Bethlehem staff, and it is important that we all take time out to spend quality time with our friends and family in order to maintain balanced lives.

**Term 2 Reminders:**

A reminder that all girls are to return to school in their full winter uniform. I have included the same information that appeared in the last newsletter just in case you missed it.

Can I also remind parents that the College has high expectations around hair, make-up and nails. I have spoken to every year group to ensure every girl in the school understands the expectations and to avoid any confusion. No girl is to turn up to school at the beginning of Term 2 with dyed hair, wearing make-up or acrylic nails. The college appreciates parental and guardian support in these areas.

**Guest speaker 17th May - Brad Marshall:**

Clinical psychologist Brad Marshall will be coming to Bethlehem to talk to parents about some of the behaviours behind why girls and boys use the internet and social media. In addition to talking about the psychology behind the behaviours, Brad will be suggesting different strategies to help parents deal with these 21st century issues. Brad will be speaking from 6.30pm and a flyer will be e-mailed home at the beginning of Term 2 as a reminder. Any parent intending to come is asked to e-mail an RSVP to info@bcashfield.catholic.edu.au by the 15th May.

**Skoolbag App:**

A reminder that the BCA Skoolbag app is available for all parents and students to download onto their Smartphones and other devices. Skoolbag is a tool which alerts parents to different school based activities including excursions and whole school events, as well as the College Newsletter. You can go to the app store for iPhones and iPads, play store for Android devices or Windows store for Window devices to download this free app. Alternatively you can go to the following website for instructions: [http://www.skoolbag.com.au/forparents.php](http://www.skoolbag.com.au/forparents.php)

**Bethlehem’s Winter Uniform**

**Junior Uniform for Monday, Tuesday, Wednesday and Friday**

- Navy blue Poly/Wool tunic (covering the knee)
- Poly/Wool blazer (College Crest). **To be worn to and from school**
- Lilac long sleeved poly/cotton blouse
- Navy school jumper (College Crest) (Optional)
- Ink navy pantyhose (NOT knee high socks)
- Black lace-up school shoes (not buckle style)
- College scarf or plain black, navy or lilac optional

If the full winter uniform cannot be worn for any reason, the only alternative is to wear the summer uniform with the College blazer. Sports uniform is NOT an alternative.

**Sports Uniform for Thursday**

- Full College Tracksuit. **The tracksuit is to be worn to and from school**
- Regulation College polo shirt
- Regulation dark navy blue school shorts
- Plain white socks folded at the ankle
- Bethlehem sports cap
- To ensure safety for students, shoes must provide an adequate level of support for sporting activities. Shoes which are predominantly white or light coloured are preferred, but black, blue or purple tones are also acceptable.
- Street shoes such Vans/Converse/Volley’s and fluorescent colours are not permitted.

If the winter sports uniform cannot be worn for any reason, students are to wear their full College winter uniform. Variations to the winter sports uniform are NOT permitted.

**Senior Uniform**

- Poly/wool skirt (mid-calf length)
- Poly/wool blazer (College crest). **To be worn to and from school**
- Lilac long sleeved poly/cotton blouse
- Navy blue school jumper (College Crest) (Optional)
- Ink navy pantyhose (NOT socks)
- College scarf or plain black, navy or lilac optional

Ann McGovern
Acting Assistant Principal
From the Religious Education Coordinator...

**Mother's Day Mass 2016**

We would like to invite all students and their Mothers, Grandmothers, Auntes, Guardians and family members who have had a great influence in the lives of our students to our special Mother's Day Mass on Monday 2 May, 2016.

We would like to begin with a lovely breakfast at the College starting from 8:15am and then celebrate mass together at 9:00am at St Vincent’s Church.

We would love for you to come, so please complete the slip below and return it to the College Office by Tuesday 26 April 2016.

Ms Liz Moodey  
Religious Education Coordinator

(Mother’s Day Mass return)

Student Name: ........................................
Homeroom Circle: .....................
Number of adults attending: ......................

**Mother’s Day Celebration**

Please come and celebrate this wonderful occasion with us by sending in your RSVP slip to the College Office by Tuesday 26 April (invitation left). An email was emailed to parents/carers on 4 April and a hard copy of this invitation was also given to students on 4 April via their homeroom circles.

**Wendy Sheehan-Hazell Welcomed into the Roman Catholic Church**

During last year and the beginning of this year Wendy has been meeting with a number of students from De La Salle each week to learn about what it means to be Catholic. Through these meetings Wendy decided that she would like to join the Church. During Easter two weeks ago Wendy received the sacraments of Baptism, First Eucharist and Confirmation at St Vincent’s Ashfield. We would like to congratulate Wendy and wish her an amazing faith filled journey through life.

In faith,
Liz Moodey  
Religious Education Coordinator
From the Curriculum Coordinator...

As holidays approach, we hope all students have some time for family and friends, and that they return to school energised and excited about Term 2. Year 12 students need to find a good balance, using the holidays for a much needed rest, but also to make some progress with major works and to ensure all notes and summaries are up-to-date, perhaps making some wall posters to place up high to enable the visual memory to start absorbing information. It would also be beneficial to spend some time working through exam feedback and re-doing the sections of exams where improvement is needed.

NATIONAL TESTING FOR YEARS 7 AND 9

A reminder that the NAPLAN tests will take place in Week 3 of Term 2 for students in Years 7 and 9. The tests will be conducted on the mornings of 10th, 11th and 12th May. These tests are great diagnostic tools and give us lots of information about your daughter’s strengths and also the areas where she may need some additional support.

HOMEWORK: Homework refers to:
• Preparation for next day’s work.
• Completion of work commenced that day.
• Revision of daily work.
• Revision of past work.
• Homework assignments/assessment tasks.
• Background reading for new topics.
• Wide reading.

The College Homework Policy recommend that the following times be set aside for homework:
• Years 7 – 8 1 – 1.5 hours per night  (12 – 18 minutes for each of the five classes that day)
• Years 9 – 10 2 – 2.5 hours per night  (24 – 30 minutes for each of the five classes that day)
• Years 11 – 12 3 4 hours per night  (36 – 48 minutes for each of the five classes that day)

Test preparation and the completion of hand-in tasks should be manageable within these time-frames. If a student is not spending the recommended time on homework each night, we often see a build-up of missed homework hours, particularly towards the end of term, and catching up can be quite onerous. It is important that students pace themselves and complete some work each day. There are very few assessments due at the beginning of Term 2, so this is a good time to catch up on summaries, wide reading, drill practice and planning ahead. Students should still be spending the recommended homework time even if specific work has not been set.

If set homework is taking longer than the recommended time, we ask that students make sensible decisions about completing the most important parts and that parents write a note in the planner to indicate that the recommended homework time was completed.

ASSESSMENTS DUE: The following assessments are due early in Term 2:

<table>
<thead>
<tr>
<th>YEAR 12</th>
<th>YEAR 11</th>
</tr>
</thead>
<tbody>
<tr>
<td>WEEK 1</td>
<td>28th April - Maths Ext 2</td>
</tr>
<tr>
<td>WEEK 2</td>
<td>2nd May - CFS</td>
</tr>
<tr>
<td>WEEK 3</td>
<td>12th May - Ancient History</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>YEAR 10</th>
<th>YEAR 9</th>
</tr>
</thead>
<tbody>
<tr>
<td>WEEK 1</td>
<td>Nil</td>
</tr>
<tr>
<td>WEEK 2</td>
<td>Nil</td>
</tr>
<tr>
<td>WEEK 3</td>
<td>13th May - Textiles</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>YEAR 8</th>
<th>YEAR 7</th>
</tr>
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<tbody>
<tr>
<td>WEEK 1</td>
<td>Nil</td>
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<tr>
<td>WEEK 2</td>
<td>Nil</td>
</tr>
<tr>
<td>WEEK 3</td>
<td>10th May - Tech L,E</td>
</tr>
<tr>
<td></td>
<td>11th May - Tech A, R</td>
</tr>
<tr>
<td></td>
<td>13th May - Tech N</td>
</tr>
</tbody>
</table>

BRAIN TEASERS Problem 104  Cryptic crossword clues always give a simple clue at either the beginning or the end of the clue and often include anagrams indicated by words like ‘broken’, ‘mixed’, ‘messy’.

For example:
1. Defendant broke cups set (7)  
   - The answer is: AGORAPHOBIC

2. = badly missing UN (5,4)  
   - The answer is: OCEAN

3. Ocean creature to rue China's pollution (3,6)  
   - The answer is: OCEAN

Students are invited to solve this problem, and deposit the answer, marked clearly with name and homeroom, in the box in the General Office by Monday 2nd May at 3pm. The first correct entry drawn will receive a canteen voucher!!!!

Congratulations to last week’s winner, Krystal Lizardo, 8C1. See Mrs Mann for your canteen voucher.
Counsellor’s Corner…

To spank or not to spank

It seems that Australians have more or less made up their minds. Kids need nothing more than a good spanking from time to time to learn life’s lessons. If you think smacking is ok once in a while, so long as it’s gentle, and when you have no other options, I hope that you’ll read the following with an open mind.

The research is clear.

1. Aggression
   First, when we hit our kids, we teach them to be aggressive. Research shows a strong correlation between what we do, and what our kids do, when it comes to hitting and similar behaviour.

2. Acting out
   Second, children who are hit by their parents show significantly greater rates of ‘externalising’ behaviour – that is, acting out, being aggressive, and being oppositional.

3. Behaviour adjustment
   Kids who are smacked show more challenging behaviours than those who aren’t smacked.

4. Smacking escalates
   Research shows that mild smacking one year predicts harsher physical discipline the following year. In other words, compared with mums and dads who didn’t hit to those who did were 50 percent more likely to be even more physical the following year.

5. It’s ineffective
   Smacking does not teach effectively, if it did we would only need to do it once. Kids don’t learn lessons from being hit. They learn to internalise their feelings, as they are too scared to show people what they think and feel.

7. Smacking reduces wellbeing
   Smacking children reduces wellbeing: psychologically, socially, emotionally, cognitively … you name it. It ruptures relationships and pushes our kids away from us when they need us most.

   Research shows that the only thing that is ‘good’ to come from smacking kids is immediate compliance BUT there is no internal moral code promoted because of smacking. Kids are obedient and compliant because we’re there and we’re threatening them. Remove our presence and the behaviour continues.

   There are many just as effective ways to discipline your child that don’t damage their wellbeing, if you need help with disciplining please feel free to give me a call.

Karen Rushbrook
School Counsellor
Year 11 Excursion & Earth Hour at Bethlehem...

Year 11 Biology

On Friday 11 March, Year 11 Biology students took a trip to Bicentennial Park for our excursion.

Focusing on Mangroves and specifically abiotic and biotic influences, our field trip was one which built upon mini experiments and lots of discussion with each other!

Our tour guides always kept things interesting by having a “hands on experience” almost every minute and kept us on our feet when moving about and conducting transects and quadrats of various features of the surrounding environment whether it be seedlings or crab holes.

Learning wasn’t a task or a chore in this case, it was an adventure and exploration into finding out new things about our environment.

It was also eye opening to things such as what we as humans are doing to affect the environment (specially mangroves) and I am now also aware of how one small action has a rippling effect on everything else. Overall this trip was quite insightful and fun… my only fear was the spiders :)

Marcella Bava

Earth Hour at Bethlehem

On Wednesday 6 April we belatedly celebrated Earth Hour at Bethlehem. Last year, the CARE members started putting ideas together. They were keen to mark Earth Hour at the college in 2016.

The main purpose of Earth Hour is to strengthen our awareness of climate change. It gets us thinking about what we can do to try to stop it becoming too much worse.

During Homeroom Circle, most students watched a short movie called “The Places We Love” (http://tenplay.com.au/channel-one/places-we-love). Then at period 5, most lessons were ‘unplugged’ – no electricity was used. This meant no lights, no fans, no laptops, and no TVs or data projectors. Most students coped quite well.

It was fitting, if a bit uncomfortable, that April 6 was the hottest April day on record ever for Sydney. Temperatures were in the low thirties. This reinforced the message of Earth Hour – that we need to act now to decrease our production of greenhouse gases, such as carbon dioxide. Carbon dioxide contribute to climate change.

Some thoughts from Pope Francis:

“Once we start to think about the kind of world we are leaving to future generations, we look at things differently; we realize that the world is a gift which we have freely received and must share with others. (Laudato Si #159)

“What kind of world do we want to leave to those who come after us, to children who are now growing up?” (LS #160)

Ms Margaret McGrath
Environmental Stewardship Committee
Miss Lindon captivated her audience by performing her very own juggling act. After rapturous applause, the class was asked to separate into two groups, trying like astute students to mimic the teacher’s own juggling technique. The Year 7 students zealously honed in on their juggling skills including hand and eye coordination, focus and reflexes. Many simply began by throwing balls in the air while some students opted to use clubs as instruments to capture the balls. There was a lot of laughter and excitement going on, which I have to say, was very contagious! Determined Year 7 students repeated these techniques until the groups were finally able to execute synchronised juggling acts. This was a pleasure to witness.

Este Fideles
Sports Corner...

**Touch Football**

Round 7/Round 4
Junior Team vs. Nagle Loss 1 - 0 MVP: Nicole Delana
Junior Team vs. St John Paul II Won 4 - 1 MVP: Grace-Marie Yarak

Open Team vs. Nagle Won 3 - 0 MVP: Kiara Haumono
Open Team vs. St John Paul II Won 4 - 1 MVP: Gloria Chan

A special thank you to all the staff and students who helped the college convene MCCS Touch this term. A special thank you to Ms Noun for convening and the following students for refereeing throughout the season Aimee-Jo Azzi and Madeline Succar of Year 12 and to Grace-Marie Yarak of Year 8 who also refereed finals and semi finals to a standard well above her years!

**Volleyball**

Round 6
Junior Team vs. Trinity Loss 2 - 1 MVP: Feau Taungakava
Open Team vs, Trinity Won 2 - 1 MVP: Ema Lata

Round 7
Junior Team vs. Woolwich Won 2 - 1 MVP: Sipa Taungakava
Open Team vs. Woolwich Loss 2 - 1 MVP: Mia Karatasas

Semi Final
Open Team vs. Woolwich Won 2 - 1 MVP: Kimberley Boviatsis

Final
Open Team vs. Trinity Won 2 - 1 MVP: The Whole Team

Congratulations to Super Coach Ms Tsiftsis and her Open Volleyball team. Coming from 4th place to win the final. The girls have trained and played so hard and well all yeah. Congratulations on your efforts. It was well deserved!!

**CGSSSA News**

Term 2 CGSSSA Events

- CGSSSA Football 27th April 2016
- CGSSSA Senior Basketball 11th May 2016
- CGSSSA Junior/Intermediate Basketball 18th May 2016
- CGSSSA Cross Country 27th May 2016
**Entertainment Books** are now available for pre-order! The 2016/2017 Entertainment Book can be pre-ordered online. Simply go to [www.entbook.com.au/2m00185](http://www.entbook.com.au/2m00185) and place your order. You can opt for the Entertainment Book App version, making the discounts available from your smart phone. If you prefer old school and want the book, not a problem, we’ll get that for you and let you know when you can pick it up from the College Office. BCA will receive 20% of the sale of each book using this link, so please share it with your family & friends.

**Congratulations** to the College’s *Faith in Action* students for organising a wonderful *Refugee and Asylum Seeker Information* afternoon last Saturday. Your guest speakers were inspiring, engaging and motivating. The cultural diversity of the food and entertainment provided by some of Bethlehem College’s talented students, made for an enjoyable and thought provoking afternoon tea. Your commitment to supporting an organisation like Settlement Services International is a gift to our community. You should be very proud.

**Night Patrol** is on Friday 22 April, which is in the school holidays. A reminder email was sent out to all parents/carers/students on Monday 4 April in relation to sending in donations to the College Office by the morning of last day of Term 1 (8 April). Thank you so much for all donations received.

**Dates for your Diary:**

17 May - **Guest Speaker Brad Marshall**, Psychologist, Northshore Kidspace, is coming to shed some light on parenting in this digital age and the attraction of the internet and social media for our daughters. Thanks to our Acting Assistant Principal Ms McGovern for arranging what will no doubt be an interesting evening.

24 May 7pm - The next P&F meeting. We would love to see you there.

26 August – **P&F Trivia & Social Night**

**Night Patrol** - dates for the rest of this year are 20 May, 17 June, 15 July, 12 August, 09 September, 07 October, 04 November, 02 December and 30 December. Please send in any donations by Thursday that week.

All the best,

Bernadette (Caitlin - Year 7 & Noirin - Year 9)
P&F President

“I can do things you cannot, you can do things I cannot; together we can do great things.”  Mother Teresa

---

18 Bland Street, Ashfield NSW 2131  Email: bernadettereilly@bigpond.com
Want to get a head start in your career and get your HSC?
Southern Cross Catholic Vocational College (SCCVC) is a state-of-the-art, co-educational Catholic Secondary College for Years 11-12 students. Each student undertakes study that leads to a HSC with a focus on practical, hands-on, industry-based learning.

Open Afternoon and Prospective Student Briefing
Tuesday 3 May 2016
4.00pm – 7.30pm
ALL WELCOME!
17 Comer St Burwood NSW ph.: 8372 4400 fax.: 8372 4401
www.sccvc.nsw.edu.au

Second Hand Uniform Items for Sale
2 Second-Hand Winter Tunics:
Size 10/12 (very good condition) $40
Size 14 (excellent condition) $50
1 Tracksuit Jacket and Pants - Size 14 (excellent condition) $50
1 Tracksuit Jacket - Size 12 (excellent condition) $30
Navy Sports Shorts (Excellent Condition) $10 each
2 x Size 14
1x Size 16

Please contact Teresita on 0413 400 967
ST MARTHA’S PARISH, STRATHFIELD—PARISH HISTORY BOOK

A wonderful history of St Martha’s Parish Strathfield, which has important linkages with St Mary’s Parish Concord, has recently been published. The book is available for $20. Please contact the Parish Office on 9746 6131 (option 2) or download an order form from the website www.stmarthas.org.au. Order forms are also available at the rear entrance of St Martha’s Church.

ORDER FORM

ST MARTHA’S PARISH HISTORY BOOK
“Faith, Hospitality & Service”

Name: ____________________________
Phone Number: ______________________
Quantity: __________________________

☐ To be collected from Parish Office (Monday to Friday 9am – 3pm)
☐ Or Post to:

Name: ____________________________
Address: ____________________________
Suburb: ____________________________

Payment Details:
Cash □ Postage $10 □
Cheque □ Credit card □

TOTAL: $____________________

Cardholder’s Name: ____________________________
Card Number: ____________________________

Visa or MasterCard ____________________________
Card Expiry Date: ______/____
CVN (3 Digit code) ____________________________
Signed: ____________________________
Community News... CatholicCare: Parent Education Program

Fees
While CatholicCare Parent Education Program is funded by the Australian Government, we are required to charge fees for these advertised services. Course fees are kept at a minimum and are free for unwaged/concession card holders. Some courses may incur an additional fee to cover the costs of course materials.

Specialist Training Services
Specialist Training Services are available to organisations at competitive rates. Please contact our Program Coordinator to discuss your requirements.

Child Minding
Unlimited child minding is available where indicated in the program calendar. If child minding is available, please confirm that you need it at the time of booking. The cost of child minding is discussed at the time of booking.

Qualifications
All CatholicCare services are provided by qualified, skilled and experienced professionals.

Interpreters
Interpreters are available. Alternatively, interpreters can be arranged on request.

Services are provided in various locations. For further details or to enrol contact the office nearest you.

www.catholiccare.org
Keeping Kids In Mind
3rd May to 31st May 2016
Tuesdays 10am to 12.30pm
Bankstown
24th May to 21st June 2016
Tuesdays 6.30pm to 9.00pm
Sydney, City

Keeping Kids in Mind is a dynamic 5 week course aimed at assisting separated/divorced parents support their children through the changes. It examines issues such as loss and grief, attachment, resilience and conflict resolution.

Please register your interest via the Keeping Kids In Mind website www.keepingkidsinmind.org or telephone 1800 55 46 46.

Cost of course is $100 including Parent Workbook. Free for concession card holders but $10 for workbook.

No childminding available for this course.

Tuning into Teens
5th May to 2nd June 2016
Thursdays, 6.30pm to 8.30pm
CatholicCare
2c West St, (cnr Thomas St)
Lewisham
AND
7th June to 28th June 2016
Tuesdays, 10.30am to 12.30pm
Family Relationship Centre
8 Jacobs St (cnr Franch Ave)
Bankstown

This 5 week course will help parents of tweens and teens learn to:

- be better at talking with your teen
- be better at understanding your teen
- help your teen learn to manage their emotions
- help prevent behaviour problems in your teen
- teach your teen to deal with conflict

Childminding available for this course but must be booked in advance. $5 per child or $10 per family. Gold coin donation for concession card holders.

My Kids & Me
April to June 2016
Wednesdays, 10.30am to 1pm
CatholicCare
2c West St, (cnr Thomas St)
Lewisham

My Kids and Me is a 7 week course specifically designed for parents whose children are in Out of Home Care or kinship care. The course covers topics such as loss and grief, what’s it like for you, what’s it like for your kids, talking and listening and understanding the legal system.

Prior bookings essential for this course. No charge for the course, but $10 for course Workbook.

No childminding available for this course.

123 Magic & Emotion Coaching
16th May to 30th May 2016
Mondays, 10am to 12pm
CatholicCare
2c West St, (cnr Thomas St)
Lewisham

Learn:
- To engage your children’s cooperation by positively noticing and encouraging them
- To set clear expectations and help them develop a tolerance for frustration
- To help children’s brains develop filters for behaving well
- To resolve family conflict quickly
- Some simple strategies to practice being a calm parent

Childminding available but must be booked in advance. $5 per child or $10 per family. Gold coin donation for concession card holders.

Emotion Coaching
7th June to 28th June 2016
Tuesdays, 10am to 12pm
CatholicCare
2c West St, (cnr Thomas St)
Lewisham

This 4 week course focuses in depth on John Gottman’s Emotion Coaching. Parents will gain an understanding of their parenting style, some of the traps they may fall into in their parenting and build their confidence and knowledge as parents. Parents who have attended 123 Magic & Emotion Coaching or have had an introduction to Emotion Coaching in other parenting courses will find this course particularly helpful as they gain new insights and new ideas and build on existing skills.

Childminding available for this course but must be booked in advance. $5 per child or $10 per family. Gold coin donation for concession card holders.

$15 per person per session unless indicated. Concession/unwaged free. Course Materials are included. For bookings or enquiries, phone CatholicCare on 9509 1111