Dear Parents, Staff, Students and Friends of the Bethlehem Community,

In 2017, Catholic Schools Week (CSW) will be celebrated from 5-11 March.

The theme for CSW 2017 will be ‘Inspiring Spirits and Minds’ which embodies the essence of who we are, both individually as a Catholic school and together as a system. Through this theme, schools will be able to interpret and exhibit how they bring Christ and education together to inspire their students towards a strong and positive future.

Prayer:
Come, Holy Spirit, fill the hearts of your people with the fire of your love.
Spirit of light, shine brightly within us.
Spirit of silence, let us be open to God’s presence.
Spirit of fire, fill us with the passion of Christ’s love.
Spirit of peace, help us to be attentive to God’s word.
Spirit of joy, allow us to proclaim the Good News.
Spirit of love, open us to the needs of our brothers and sisters.
Spirit of power, empower us with your strength.
Spirit of truth, guide us to walk in the way of Christ.
Come, Holy Spirit, fill the hearts of your people with the fire of your love.

2018 Catholic schools Enrolment period

The Catholic schools enrolment period for Year 7 2018 and 2019 is now open until early Term 2. Bethlehem College has 14 Catholic feeder primary schools and is also very popular with students in other Catholic Primary schools as well as Public schools.

As per Sydney Catholic Schools Education Office Enrolment Policy, students from feeder Catholic systemic schools are given first preference for places in Year 7 to Bethlehem College. All they need to do is submit an enrolment form and they will be given an interview date and time. These enrolment forms have been distributed as part of a package to each Year 5 and 6 student, they will also be distributed to prospective parents at Open Day on March 7. Enrolment applications can also be downloaded from the Bethlehem College website or collected from the school office.

The College Enrolment Officer, Mrs Apergis has already received a large number of applications for positions in Year 7, 2018 and 2019 and I have commenced interviews and made offers of enrolment to these families. I am asking that all applications be submitted by the end of Term 1.

Our experience of enrolment application data during the last few years suggests that late enrolment applications come from siblings of current Bethlehem College students. Siblings still need to submit enrolment forms by the due date! If we have no idea of whether our current students have siblings who wish to attend the school, then we cannot “reserve” a place in the school. With students from 14 Catholic feeder primary schools, other non-Catholic feeder schools seeking a single sex education and Catholic students in our local State schools all seeking positions in the school, competition for places is intense. Whether you are a current Bethlehem College parent, an aspiring Bethlehem parent or know of families who wish to enroll their daughter at the College, I would ask you to submit the enrolment form by the due date.

Opening school mass, February 17.

Our opening school mass on Friday 17 February was a wonderful community event. Once again the beautiful liturgy was prepared by our Acting REC Mrs Casey with the support of Ms Moodey and celebrated by Father Alan Gibson, Parish Priest of St Vincent’s Catholic Church.
We were honoured to have had a number of special guests join us on this important community event including:

- Sister Anne Taylor RSC-representing the Sisters of Charity
- Mrs Patricia Williams - Principal of St Vincent’s Primary School
- Mrs Deborah Bestulic - Principal of Holy Innocents Primary School
- Mrs Susan Bates - Principal of St Pius Primary School Enmore
- Ms Jodi McKay - State Member for Strathfield
- Councillor Lucille McKenna - Inner West Council
- Ms Gay McKinley - President of the Ex-Students’ Association
- Mrs Janine Hannigan - President of the P & F
- Miss Victoria Pistevos, Dux of the HSC Class of 2016 and her family

There were many highlights of the mass including the unveiling of the 2017 SRC canvas, the prayers of intercession delivered in a number of different languages representing the cultural diversity of our community and the blessing and commissioning of our new Assistant Principal, Mrs Anderson, new Year 7 students, new students in Years 8-11, new staff and the 2017 SRC. But it was the sublime voices of our 130+ strong student choir and the Instrumental Ensemble “Noteworthy” led by our Music teachers Mrs Bowyer and Ms Weier who captured the hearts of those gathered for the mass.

It is also a tradition of the College to invite the HSC Dux of the previous year to our Opening School mass to recognise her achievements and to allow her the opportunity to address the community. The Dux of the HSC Class of 2016 was Victoria Pistevos (pictured left).

Victoria has always been an outstanding student who chose a very diverse but well-balanced pattern of study. She achieved an ATAR of 99.6, was a Premier’s All Rounder recipient for achieving Band 6s (a mark of 90+ placed in each of her subjects) Third in the state in Studies of Religion and 1st Place in the Sydney Archdiocesan Catholic Systemic schools in Studies of Religion, Modern History and History Extension.

She managed these outstanding results despite her struggles with ongoing health issues.

Victoria delivered an inspirational address where she discussed how she dealt with these struggles to prepare for the HSC, acknowledged the support of her teachers and offered great advice to the HSC Class of 2017.

At the conclusion of mass our new students and their families enjoyed a lovely morning tea under the hall at DLS served by our Year 11 Hospitality students under the direction of their teachers: Mrs McAuley, and Ms Quinn.

Thanks are extended to all parents who found time in their busy day to join us for this beautiful community event.

**Year 7 Camp - February 20-22**

Last Monday evening Mrs Anderson and I had the privilege of visiting the Year 7 students and their Homeroom Circle Mentors at Camp Yarramundi. The two night, three day camp provides an excellent opportunity for our Year 7 students from over 20 different primary schools to get to know each other, understand what it means to be part of a community, face challenges and learn about themselves.

Across the three days the students participated in a range of physical and team building activities including: kayaking, flying fox, high ropes, giant swing, initiatives and alpine rescue aimed at taking them out of their comfort zone and teaching them lessons about facing challenges, problem solving, courage and working together.

I was incredibly impressed with the way each and every girl enthusiastically approached the activities, related to and showed respect for each other, the YMCA group leaders and their teachers.

I would like to thank Mrs Kells the Year 7 Coordinator and Ms Moodey the Wellbeing Coordinator for liaising with the coordinators of Camp Yarramundi to plan a wonderful experience for our young ladies. I would also like to thank: Ms Beaumont, Ms Ibrahim, Ms Marinos, Ms Nehme, Ms Pender and Ms Russo for also giving of their precious school and family time to be with the girls during this special time.

**Primary school visits**

This week we commenced our Feeder Primary school visits in the lead up to Open Day. Bethlehem College has worked closely with De La Salle College to ‘bus in’ the Years 5 & 6 boys and girls from many of our feeder primary schools so that they could have a genuine experience of life in High school. The students tour the College with the assistance of our wonderful ambassadors from Years 8-10 visit classes and had hands-on experiences in our Science laboratories, Food Technology rooms, they participated in Music, Dance and Drama classes and sampled the culinary delights of our canteen. The Primary students have been absolutely delightful, asking many questions. They enjoyed hearing about the many opportunities on offer at the College and were very grateful for the opportunity to ‘sample’ high school. They left with a “goodie” bag containing a few mementos of their day at Bethlehem College.

**College Open Day - Tuesday, March 7- 3-7pm**

This year we will again join forces with the other two Ashfield Catholic schools (De La Salle College and St Vincent’s Primary school) and St Vincent's Catholic church to throw open our doors in a combined “precinct” Open day. This will provide prospective parents and students with a unique opportunity to sample the many and varied offerings of this Catholic precinct.

Classes will conclude at 1.10pm to allow sufficient time to set up for Open Day. Student ambassadors will remain behind while all other students will go home. Supervision will be provided at school for parents who are unable to collect their daughters before 3.10pm.

The best advertisement for the school on this day is the amazing student tour guides/ambassadors who work very hard throughout the night speaking to guests about the fantastic learning, co-curricular and faith development opportunities that exist at Bethlehem College. I would like to thank parents and carers in advance for allowing your daughters to be part of this important leadership opportunity.
How can parents assist with Open Day?

- Can you spare some time to assist at Open Day?
- Would you be willing to be a parent ambassador who could talk to assist on the BBQ?
- Could you distribute our Open Day postcards into letterboxes in your local area?

Please contact the office by phone or email if you are able to assist.

HSC High Achievers Assembly

On Tuesday 9 of our 2016 HSC High Achievers returned to the College to share their HSC journeys and to pass on their wisdom to students in Years 10-12. Unfortunately the timing of the event in relation to various university orientations meant that not all of the high achievers could attend.

Prior to the assembly, the students in Years 10-12 had been encouraged to create some questions that they could ask the HSC Class of 2016. Following an introduction to the students by the 2016 Year 12 Coordinator Mr Gwyer an address by Joanne Antoun, one of the recipients of the Premier’s award, I moderated a Q&A session where some of these questions were directed to the High Achievers on topics such as: how to organise a study timetable, stay motivated, avoid procrastinations, practising exam responses, managing major works and choosing an appropriate career pathway.

The girls responded with confidence, honesty and great insight. They also acknowledged the great professionalism, knowledge and support of their teachers I am certain that the current Bethlehem students learnt a great deal from this exchange.

We are all very proud of these outstanding graduates of the College and offer them our prayers and best wishes as they move into the exciting next stage of their journeys into higher education. Thanks are extended to Joanne Antoun, (studying Actuarial Studies/Commerce (double degree) at UNSW), Lisa Cavagnino (studying B Communications (PR and Advertising) UTS), Imogen Delangre, (Studying B Arts (English and History) USYD), Claudia Elfar, (studying B Civil Engineering and Architecture USYD), Megan Lapus, (studying B Advanced Science/B Engineering (Chemical) UNSW), Cassandra Napper, (studying Bachelor of Arts, Psychology and Human Sciences at Macquarie University Sydney), Victoria Pistevos (studying Medical Science at USYD in 2017 and will be part of the Talented Students’ Program), Simone Rabey (studying Bachelor of Engineering and Bachelor of Science at University of Sydney), Isabella Sharp (studying B Commerce (studying Marketing and Public Relations) University of Notre Dame Sydney and Rachelle Sotirio (studying B Design (UNSW).

Sydney Catholic Schools Inner west mass

Each year teachers and support staff from across each of the three regions of Sydney Catholic Schools gather in a church in their region for the mass to recognise the commencement of the new school year. The 2017 Inner West Regional mass was held this week at St Brigid’s Catholic Church Marrickville. One of the highlights of this mass is the commissioning of newly graduated teachers who commenced their teaching careers in Primary or Secondary schools in the Inner West Region. These teachers were given a blessing and a gift of a beautiful Marian keyring. Five teachers from Bethlehem College were among the large numbers of teacher commissioned at the mass. Ms Ibrahim, Miss Marinos, Ms Pender, Mrs Turl and Ms Weier. We offer them our prayers and best wishes as they commence their teaching careers at Bethlehem College.

Mrs Paula Bounds
Principal
Instrumental Program Information Evening

Date: Tuesday 28th February
Time: 6pm to 7pm
Where: Bethlehem /De La Salle Hall

Who: All Parents, current members of ensembles and those who wish to learn an instrument or want more information about learning an instrument

“MUSIC IS A MORE POTENT INSTRUMENT THAN ANY OTHER EDUCATION” (Plato 300BC)

“I ONLY WISH I HAD LEARNT A MUSICAL INSTRUMENT WHEN I WAS AT SCHOOL”

(Just about every person I ever met who has never learnt a musical instrument)

The benefits of a good musical education and learning an instrument include:

(Opportunities for Success in Life, School and Society)

- A source of fun and relaxation
- Increase in self-esteem and self-expression
- Building teamwork skills
- Development of self-discipline
- Improved reading, language, reasoning and listening skills
- Enhanced critical thinking and memory skills
- Development in creative thinking

What will happen and be explained at the meeting:

- How the program will work
- The new ‘Try Before You Buy’ scheme
- Listen to and learn about instruments available at your school, including demonstrations
- The opportunity to try some of the instruments available
- Hear one of Australia’s top musicians perform up close and personal including the option of asking questions
- Learn how to get the most out of your musical education
- Advice on what to look for in purchasing a musical instrument

I look forward to meeting with you and your child and wish you a very musical 2017!

Mr Chris Howes (Program Director) EMAIL: chowes12@yahoo.com

INSTRUMENTAL PROGRAM INFORMATION EVENING

Please return this form to your school Front Office or Music teacher by Friday 24th Feb.

I will be attending the “On The Block” Instrumental Information Evening on Tuesday February 28th at 6pm at the Bethlehem /De La Salle Hall.

Child’s name: __________________________ Year ___ School __________________________

Number of people attending: ________

Parent/Guardian: __________________________
Opening School Mass photos
2017 Yr8-11 SRC
Pledge of Office

We have been given the honour of being elected as Bethlehem College student leaders for 2017. We accept this responsibility with pride and pledge that, with God’s loving help and guidance, we will endeavour to serve the Bethlehem community to the best of our ability.
From the Assistant Principal...

Dear Parents/Guardians, Students and Friends of the Bethlehem Community,

Congratulations to all girls for settling into the new academic year so quickly. Despite the challenges brought on by recent weather, the past weeks have been abuzz with a variety of whole school events including:

- the HSC 2016 High Achievers’ Assembly
- the commencement of our Friday lunchtime Nursing Home visits
- our beautiful Opening School Mass and Year 7/New Parents’ Morning Tea
- the Year 7 Camp earlier this week

These events not only celebrate our connectedness to each other but also remind us of how privileged we are to be part of a College which has such a proud history in 'Being Faithful' to the traditions and story of Mary Aikenhead and the Sisters of Charity.

Thank you to all staff who assisted with making these events so special.

College Building Project 2017-2018

In addition to the views from the walkways in the Eora Building and the windows from the western side of the Library of the construction in progress, students are encouraged to look at the architectural plans for our College Building Project on display in the Library.

Four drawings show the areas to be developed including:

- the construction of the new three storey building on the former basketball courts
- the demolition of the Marian Building and Eora bridge to create a glass enclosed bridge/spine linking all existing buildings around the school
- the creation of the ‘Marian Square’ recreation, sports and playground area

The plans will be on display for the duration of the Project so students can match its progress with the stages indicated on the plans. They will also be on display during Open Day our visitors can see the work being undertaken to create exciting future learning spaces at Bethlehem College. Please see flyer on the building program on Page 10.

P & F Parent/Student Seminar: John George Inflow Education 14 February

40 parents and a number of students attended the P & F Parent/Student Seminar presented by John George from Inflow Education entitled Motivation, Study Skills and Inner Peace. John is a teacher and coach and specialises in assisting students to adopt a holistic approach to maximising potential that focuses on Motivation, Organisation, Resilience and Exercise (MORE). In a most engaging presentation, he outlined the importance of ‘smart’ study skills for durability and effectiveness including the “Exam Game Plan” where students are shown how to “remove the anxiety” to achieve to their potential. John’s approach also values the importance of securing Inner Peace for success that is based on a student’s understanding of purpose and their enhanced self-confidence.

It was encouraging to hear that John’s model for success is built on a combination of resilience building and learning effective study techniques, both of which are emphasised within our Homeroom Circle approach to aligning the pastoral care of your daughters with their academic care at school. We thank John George for his excellent presentation and the College P & F in supporting this event which was so well received by all who attended.

Upcoming Events

1. College Photo Day/Ash Wednesday 1 March

A reminder that the College Photo Day is next Wednesday 1 March. Information has already been provided to students. Spare envelopes are available from the College Office. If students are bringing their envelope to school with cash or a cheque, they will be required to hand the envelope directly to photography staff on the day. Alternately, parents can order online with Advanced Photography. Details are outlined in the letter accessible via “Notes and Forms” on the College website.

A reminder that all students must wear their full College uniform for Photo Day. Shoulder length hair must be tied back and only one pair of plain studs or sleepers if earrings are worn. Make up is NOT permitted and there are to be no visible necklaces nor bracelets worn.

It is also Ash Wednesday next Wednesday 1 March. This marks the beginning of the Lenten season and is an important event in our journey towards the Easter season. All students will attend an Ash Wednesday liturgy in St Vincent’s Church during Period 5 (split groups) after the College Photos have concluded. Students will be reminded of the solemnity and importance of this day in the Church liturgical year.
From the Assistant Principal (cont’d.)…

2. **College Open Day Tuesday 7 March (3.00-7.00pm)**

A letter to parents regarding Open Day can be found on the College website and was distributed in hard copy form to all students today. Parents are asked to please read this information carefully as all students will be dismissed from school at the end of Period 4 (1.10pm) unless they are assisting staff with Open Day activities. Supervision is provided for any student who is unable to travel home early. Details for families interested in attending Open Day is available on the College website [http://bethlehemcollege.nsw.edu.au/](http://bethlehemcollege.nsw.edu.au/) Please promote our College Open Day with family and friends who are considering enrolling their daughter at Bethlehem College. Mrs Bounds will present Principal’s Talks to families throughout the afternoon. The Plans and Architectural Drawings for the College Building Program – Creating Future Learning Spaces will be on display in our Library and good views of the construction of the new building behind Eora are afforded from the Eora walkways.

3. **College Swimming Carnival Friday 10 March**

The College Swimming Carnival will once again be held at Ashfield Aquatic Centre on Friday 10 March. Information regarding travel arrangements and rules and expectations will be emailed / uploaded to the College website and Skoolbag in the coming days. This promises to be a great event and staff and students have been working hard to build team spirit and participation in the Carnival events. The College Swimming Carnival is a compulsory school day. Year 7 will meet at the College and will be accompanied by their HRC teachers to walk to Ashfield Pool. With the extreme heat we have experienced at different times this summer already, students are reminded of the need to engage in sun safe practices and wear sunscreen, hat, sit in the shade and bring plenty of water to drink.

Catherine Anderson  
Assistant Principal

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<th>Important Dates Term 1 2017</th>
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BCA Building works—Update

Bethlehem College

Creating future learning spaces

Works Update – Due for completion August 2018

Architect - Rachel Neeson (Ex Student) Neeson Murcutt - Multiple award-winning architects
Construction company - Gledhill Constructions - Experienced in building schools including: Barker, SHORE, Knox, Scots, Monte St Angelo and PLC Colleges

SCOPE OF WORKS
Construction of a new three storey building with flexible learning spaces
Refurbishment of Art/TAS spaces in Sophia Building
Construction of new Music facility in Sophia Building
Construction of new Learning Centre
Demolition of Marian Building/EORA bridge
Refurbishment of Food Technology kitchen
A bridge/spine to create a good link to all existing buildings for better movement and circulation
Creation of Marian Square recreation, sports and playground area
Construction of new basketball courts at the rear of the school

For further information visit www.bethlehemcollege.nsw.edu.au
18 Bland Street, Ashfield NSW 2131 P 9798 9099
From the Curriculum Coordinator...

STRONGER HSC STANDARDS

The NSW Government has announced that from 2020, all Year 12 students must reach a minimum standard of functional literacy and numeracy to receive a Higher School Certificate. Current Year 9 students will be the first cohort affected by this change. To meet this standard, students will need to achieve a Band 8 or above in the Year 9 NAPLAN reading, writing and numeracy tests. Any student who does not meet this standard in Year 9 will have further opportunities to demonstrate this standard by completing online tests developed by NESA (NSW Education Standards Authority – formerly BOSTES). The tests will be made available to students in Years 10, 11 and 12 from 2018 and students will only need to sit the tests in areas where they did not prequalify in Year 9. Students will have two opportunities to sit the online tests each year up to five years after starting their first HSC course.

If a student does not meet the required standard by the end of Year 12, he/she will still be able to sit the HSC exams, but will receive a Record of School Achievement (RoSA) instead of a Higher School Certificate (HSC). The HSC is not a requirement for an Australian Tertiary Admission Rank (ATAR) so these students may still apply for university entry. Students undertaking Life Skills courses in English or Mathematics will be exempt from the minimum standard.

To further support students with this standard, the College has introduced a Literacy/Numeracy lesson per cycle in Years 8 and 9 (with Year 10 to be included from 2018). These lessons will support the girls in preparing for NAPLAN as well as addressing areas of concern for those who may need to sit the online tests to meet the standards.

ASSESSMENT INFORMATION

Students in Years 11 and 12 have now received their assessment handbooks and calendars. Handbooks for Years 7 to 10 will be issued during the next two weeks. Please ensure that relevant dates are noted as well as the procedures to follow in the case of illness, misadventure and clashes of task dates with other commitments. All students are expected to complete formal tasks on the due date and failure to do so will incur a penalty unless the student has applied for an ‘Extension of Time or Alternate Date’ prior to the due date, or has lodged an ‘Illness/Misadventure form’ within one week of the task. These forms must be accompanied by appropriate documentation such as a doctor’s certificate in the case of illness, or a letter in the case of misadventure. The penalty for Stages 4 and 5 is attendance at Homework Club after school on Wednesdays. Stage 5 students may also incur a loss of marks if an unfair advantage has been gained. Stage 6 students receive a zero mark. Please read the handbook with your daughter and ensure that she understands the importance of meeting her assessment deadlines. All students have access to the google assessment calendars through BC Online/Community/Assessment Calendars. The Assessment Handbooks and relevant forms are available in BC Online/Community/ Curriculum.

ASSESSMENTS DUE IN WEEKS 5, 6 and 7

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Mrs Janet Mann
Curriculum Coordinator
BRAIN TEASERS Problem 61:

Fill in the grid so that every row, column and 3x3 box contains the digits 1 to 9 with no number repeated.

Students are invited to solve this problem, and deposit the answer, marked clearly with name and homeroom, in the box in the General Office by 3pm on Monday 6th March. The first correct entry drawn will receive a canteen voucher!!!!

Congratulations to last week’s winner, Rose Leone, 10C2 who correctly noted that the words ‘abstemious’ and ‘facetious’ both have all the vowels in alphabetical order (A E I O U).

Well done Rose. See Mrs Mann for your canteen voucher.

Mrs Janet Mann
Curriculum Coordinator
From the Acting Religious Education Coordinator...

Assistant Catechists

Last week, the Pastoral Associate of St Vincent’s Parish, Marguerite Martin and I interviewed Year 11 students interested in becoming an Assistant Catechist. We were delighted with the number and quality of the applicants, their maturity and commitment to teaching the faith. They were asked questions about why they would like to be an Assistant Catechist and how they could assist in the faith formation and development of Catholic students in a local state primary school. Yesterday these students attended a training day with Sarah Christie from the Confraternity of Christian Doctrine, Sydney. Congratulations ladies, we hope you enjoy being a part of this very rewarding ministry.

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### Year Group Masses

This week we commenced our Year group masses. Year 11 led a beautiful Mass at the 9am parish Mass at St Vincent’s Ashfield. Over 2017, every year group will attend a Thursday morning Mass at the parish with students from De la Salle and St Vincent’s Primary school. Parents and friends are welcome to join us.

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### Ash Wednesday

As a College we will celebrate Ash Wednesday on the 1st March. All students are given the opportunity to receive the Ashes during the liturgy and learn how their donations to Project Compassion will support the works of Caritas Australia.

**LENT is upon us**

The Season of Lent is a time in which we reflect on our relationship with God and the way we are living our lives. It is the season in which we prepare for the mystery of Easter with minds and hearts renewed. Through repentance and renewal we can live more fully, our Baptismal call to live as disciples of Jesus.

The following information may help you and your family, understand the meaning, customs and traditions of Lent more fully, resulting in a deeper preparation for the coming Easter Season.

**DID YOU KNOW?**

- The season of Lent begins on Ash Wednesday and concludes before the Evening Mass of the Lord's Supper on Holy Thursday.
- Lent is a forty-day liturgical season that prepares us for the most sacred part of the Christian year, the Triduum – the days we recall the suffering, death and resurrection of Christ.
- Sundays are not included in the forty-day count because every Sunday is a joyful celebration of our Lord’s Resurrection.
- The name Lent, comes from the Old English word for spring which was lēanican. The Latin word for Lent is quadragesima which means forty days.
- During Lent we renew our hearts and mind through prayer, fasting and almsgiving, in preparation for the joyful mystery of Easter.
- Ash Wednesday is a day of fasting and abstinence. This means we only have one main meal during the day (fasting) and we do not eat meat (abstinence). Abstinence applies to people from the age of 14.
- The traditional colour of Lent is purple.
From the Religious Education Coordinator (cont’d.)

College Lenten Programme

Our Lenten programme commences on Friday 2nd March in the College Chapel at 8:20am. Parents, students and teachers are all welcome to participate in the Lenten programme. I would like to thank Ms Pasion and the Year 12 SRC Spirituality and Faith Formation students for coordinating the Lenten Programme.

Year 9 Reflection Day

On Friday 17th March, our Year 9 students will travel by train to St Mary MacKillop Place for their reflection day. The theme of the day is The Story of Mary MacKillop. They will learn about the determination and dedication of Australia’s first saint. Students will have the opportunity to learn about her life and take a tour of the Mary MacKillop Museum and Chapel.

Students have received a permission note during their Religion lessons. Please be aware that the Reflection Day is on Friday during Lent and we ask that you specify on the return slip the dietary requirements of your daughter/child in your care. Lunch will be provided and we will be able to cater for most needs if they are clearly specified on the permission note that is to be returned to your daughter/child in your care’s religion teacher.

In faith,
Mrs Ruth Casey
Acting Religious Education Coordinator
Being a teenager is a time of fluctuating moods, different priorities, and unpredictable and reactive behavior. During this time it becomes difficult to work out "Is my child in trouble or just being a normal teenager".

As a good parent we stay connected to our child the best we know how. We assume that unlike primary children our teens don’t need us as much anymore. But, it is still good for us to arrange opportunities for them to have success and pleasure and fun in their lives. Every teen needs to feel loved, to do what he/she are passionate about and to feel necessary.

There is a balance to be gained between fun and rules. Kids also need responsibility and accountability. The research shows that kids thrive with rules and they secretly want them. Kids don’t need permissive parents—they need parents who provide rules, however, the rules need to be fair and age appropriate and current to this time and the world they move in.

If you want to find your parenting style and think about its impact on your child, please follow this link:

https://psychcentral.com/quizzes/parenting-style.htm

After all, knowledge is power and the more we know about ourselves as parents, the more we can adapt to our daughters world.

Karen Rushbrook
School Counsellor
Careers News…

Websites
https://bethlehemcollegecareers.com/
https://www.jobjump.com.au/  Go to more information, click on school login,
Bethlehem College  Password: beth

UNSW Built Environment Parent and Student Info Night
21st March 2017, 6:30
8:30pm, Keith Burrows Theatre, UNSW Kensington
The information evening is aimed at high school students and their families and those who have already completed the HSC, are studying at TAFE, in a gap year, bridging course or already commenced work. Information will be provided on admission options, career pathways and an opportunity to speak to current students. https://www.futurestudents.unsw.edu.au/built-environment-parent-student-info-night

UNSW Year 12 Medicine Information Evening
23rd March, 6:30
8:30pm, Sir John Clancy Auditorium, UNSW Kensington
During the evening, information will be provided on the UNSW Medicine degree, regarding application, admissions and tips for the UMAT exam. https://www.futurestudents.unsw.edu.au/year-12-medicine-information-evening

UNSW Science & Engineering Student Parent Evening
21st March, 5:30
8:30pm, John Niland Scientia Building, UNSW Kensington
The evening will provide information on the degrees offered in Science and Engineering. It is directed at prospective students and their parents. Attendees will be able to speak one-on-one to academic staff about the degrees and also life on campus. https://www.futurestudents.unsw.edu.au/unsw-science-engineering-student-parent-evening

Macquarie University: 2017 Mental Health Youth Forum
4th April 2017, 8:30am to 3pm, Campus Hub building (C10A), Level 3 function rooms, Macquarie University
This event is for high school students in years 10 to 12. The day will include young people sharing their experiences with mental health, a Q&A panel, entertaining activities and professional development sessions for teachers. http://www.mq.edu.au/about/events/view/2017-mental-health-youth-forum/

University of Sydney: Sydney Science Forum
Wednesday 22 March, 5.45 - 7pm, Eastern Avenue Auditorium, Hugs not drugs: revolutionising the treatment of addiction
Wednesday 26 April, 5.45 - 7pm, Westmead Campus, Bright Lights: the science of light at the nanoscale
Wednesday 7 June, 5.45 - 7pm, York Theatre, Seymour Centre, The Doctor
Wednesday 16 August, 5.45 - 7pm, Eastern Avenue Auditorium, Stranger things: the uncanny world of animal pregnancy

Scholarship opportunities for future teachers
Applications open May/June 2017 for 2018
The NSW Department of Education offers presentations via video conference to groups of students interested in teaching. To keep up to date with the various scholarships offered and when applications open and close, subscribe to Teach NSW. https://www.teach.nsw.edu.au

University of New England: Open Day
5th May 2016
The open day allows prospective students to see the academic, cultural, sporting and residential aspects of the University. There will be the opportunity to explore degree options, meet lecturers and see entertainment and demonstrations. https://www.une.edu.au/info-for/for-high-schools/open-day-schools

Notre Dame: Getting to Know Nursing
16th May 2017, 6pm, 160 Oxford St, Darlinghurst
For students interested in a career in nursing, the event will provide the opportunity to speak to academic staff and aguest speaker, who will give an insight into what a career in nursing is like. http://www.nd.edu.au/events/2017/getting-to-know-nursing

USYD: Year 10 Information Evening
30 March, 3 May and 11 May at the University of Sydney, Camperdown Campus
23 May, James Ruse Agricultural High School
The evenings are designed to help Year 10 students (and their parents) choose subjects for the HSC and navigate through the process of applying to university. Topics include: ATAR, scaling, prerequisites and assumed knowledge, subject selections, career pathways and the student journey to university. http://sydney.edu.au/study/admissions/events-for-future-students.html

Susan Stewart
Careers Adviser
Welcome to 2017 and welcome to our Year 7 Students and their families. To start 2017 I would like to give all parents a brief run down of the sporting program which we offer at Bethlehem College. At Bethlehem we offer an extensive Internal Sport Program which runs for Years 7 – 10, as well as representative opportunities, such as MCCS and CGSSSA.

**Year 7 – 10 Internal Sport**
The College also offers a diverse internal sporting and activities program, which encourages our students to be active, learn new skills and have fun. This program is run on a Thursday Afternoon from 1:30pm – 3pm. At Bethlehem College we offer a wide variety activities for students, which include:
- Cricket
- AFL
- NRL
- Swimming
- Ultimate Frisbee
- Yoga
- Tennis
- Indoor Soccer
- Group Fitness Activities and Boot Camps
- Power Walking
- Rock Climbing
- Bowling

**MCCS**
Bethlehem is a member of the Metropolitan Combined Catholic Schools Sporting Association (MCCS). This is this association that the college uses for our Thursday afternoon representative sport. The competition is set up as a weekly competition, where our students play a different college each week in the same sport. The association offers 2 – 3 sport options per term, as well as some extra gala days for sports such as Tennis and Ultimate Frisbee. The sports MCCS offers include:
- Touch Football
- Water Polo
- Volleyball
- Netball
- Basketball
- Soccer
- Oz Tag
- Cricket

**CGSSSA**
Bethlehem also is a member of the Catholic Girls Secondary Schools Sports Association (CGSSSA). This is the association the college uses for affiliation with NSW Combined Catholic Colleges (NSWCCC). It is this affiliation that provides our students with the opportunity to represent the college at state and national levels. Over years we have had students who have represented Bethlehem in NSW Combined Catholic Colleges and NSW All Schools.

Term 1 CGSSSA Competitions:
- Cricket – 21st February
- Touch Football – 1st March
- Swimming – 14th March

If you are interested in learning more about CGSSSA please take a look at the website. [http://www.cgsssa.nsw.edu.au](http://www.cgsssa.nsw.edu.au)

**Pathway to NSW Teams**
The pathway for Bethlehem students to represent the college in NSW school based sports teams is through CGSSSA and NSW Combined Catholic Colleges (NSWCCC). In some sports our students need to progress through a CGSSSA Representative Team and in others they can trial directly with NSWCCC. No matter which progression, parents **MUST** register an Expression of interest on the NSWCCC website. Ultimately the college will decide whether your daughter is skilled enough to be considered for CGSSSA or NSWCCC selection and if she is you will receive an email advising of that progression. Instructions on how to undertake this process can be found on the CGSSSA website on the Rep Information


MCCS Results

Open Water Polo

Round 1
Open Team vs Woolwich 3 - 5 Loss MVP: Caitlin Padroth

Touch Football

Round 1 - Wash Out

Volleyball

Round 1 - Wash Out

Round 2
Junior Team vs. Catherine McAuley 8 - 0 Loss MVP: Aaliyah Haumono
Open Team vs. Catherine McAuley 6 - 2 Loss MVP: Brittany Gardiner

Round 3
Junior Team vs. St Patrick’s 11 - 1 Loss MVP: Emilia Georgellis
Open Team vs. St Patrick’s 7 - 0 Loss MVP: Eva Farhat

CGSSSA Results

Tuesday 21st February was the CGSSSA Cricket competition. Bethlehem entered a team in the Open Competition. While the girls had a great day learning new skills and trying out a new sport, they didn’t have much success on the scoreboard. We will just have to keep on training for the MCCS Competition and CGSSSA next year. Well Done to the girls and their coach Mr Bamber.

Kathryn Beaumont
Sports Coordinator / MCCS / CGSSSA
Do you play an instrument?

Ashfield Concert Band was formed as part of the ‘On the Block’ Band Programme and offers opportunities for adult players as well as students looking for further challenge.

We rehearse on Thursday nights above St Vincent’s Parish Hall from 7:30 – 9:30pm during school terms.